## January 2017 Columns January 2017

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#### New Year! New Plans . . .

Let's use what we are learning!



Pastor Seungsoo Jun pastor@rcumc.org (540) 556-1188

Watch our sermons live when you cannot attend!
Go to www.rcumc and click "Online Services"

Check out our Facebook page! Sunday sermons are posted each week.

To receive the "Columns" by email or to sign up for our email newsletter "The Weekly Good News", just send a note to us at rcumc@rcumc.org

The church office is open Mon - Fri gam - 2pm.



Download our app! Scan this QR code



Our focus beginning with Rally Day is "Love Others". One of the key components necessary for that love to occur is to actually know each other. We are great at saying hello and shaking hands on Sundays and Wednesdays. But that's not what enables us to love others. Loving others requires spending time talking and learning about each other. We are seeing that love currently in our small groups and committees.

Shortly you will receive a card in the mail inviting you to participate in an informal gathering of those who live near you and also attend our

church with you.

The gathering, as many United Methodist functions are, will be centered around food!

Your invitation

KNOW YOUR

LOVE GOD, LOVE OTHERS, FOR THE TRANSFORMATION OF THE WORLD

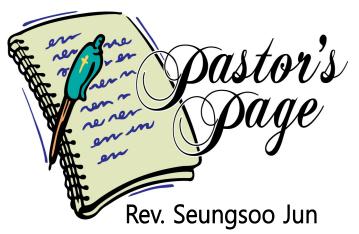
NEIGHBOR

this time will be for January 29 at 5:30 PM. It will have restaurant information and a contact person. Please mark your calendar to attend. If you need a ride, let the church know. If you need money for the meal, let the church know. If you have decided to fast in January, just have water! This is about loving others, not loving food! We will create this opportunity quarterly and pray that you will participate and enjoy this fellowship.

#### Small Groups Fair!

Coming soon!

Watch for information in the bulletins and on your Weekly Good News!



The New Year has come! I am praying that God will continue to bless our family of faith so that we can become a blessing to the world!

The New Year is a great way to set our focus and find a way to become healthier, both spiritually and physically. That is why many people set their 'New Year's Resolutions' hoping for a better life. It has been proven that both churches and fitness centers boom, during the start of the new year. However, we are aware that many of these important New Year's

resolutions do not last long.

It seems setting one or two goals, with measureable results, helps us to continue to sustain the resolutions we have set. So, I decided to set one for my physical life and one for my spiritual life.

I would like to share my spiritual goal on today's Pastor's Page.

A couple of weeks ago, Bishop Sharma Lewis, our new Bishop, sent out a message to the United Methodist Churches in Virginia Annual Conference. As she spoke about how the churches should be sharing the message of hope, which is presented through Christmas, she also challenged the churches to 'Go Back to the Bible.' She

## Challenge Accepted

wants the members of the conference to read the Bible, cover-to-cover, during the year of 2017.

Our church has been working on having a daily devotion every day (Monday-Friday). Sunday is our day to worship and hear God's voice through our worship, and Saturday can be used as a day to catch up. We have been following the Upper Room, a daily devotion guide provided by the United Methodist Church, or had occasions of Scripture readings according to the sermon series.



We also have an email list to receive this devotion in your inbox, every Monday – Friday. Throughout the year, we were faithful to deliver the devotion, almost every day, with a couple of exceptions. However, as we were doing the devotion,

I always felt like we were missing the bigger picture.

Reading the Bible, cover-to-cover, is an excellent way to understand the bigger picture. Therefore, we want to add the daily reading schedule onto our daily devotions. Each month, we will provide the reading schedule in worship and on the website. We will also add a link to our daily devotion email, so you will be able to read the Word on your computer or cell phone. Now it is your turn to accept the challenge. Are you up to the challenge?

## Volunteers for January Thank John

				3	The state of the s
	January 1	January 8	January 15	January 22	January 29
Acolytes	tbd	Luke Barrette Evan Gross	Keira Realmuto Alli Coleman	Jake DiLauro Reid Donihe	Katherine Vaughan Julia Vaughan
Children's Time	Cindy Hayth	Becca McConchie	Freeman Nester	Chris Landon	Sarah Stephens
Communion Stewards	Cathy Bryan Amy Moore	n/a	n/a	n/a	n/a
Early Greeters	Luci Wright	Realmuto Family	Ask Vicke Mashall about helping!	Ask Vicke Marshall about helping!	Huffman Family
Facility Security	Rick Bowyer	Rick Bowyer	Rick Bowyer	Rick Bowyer	Rick Bowyer
Fellowship Time	Louise Miller	Linda Sanders	Small Groups	Sign Up!	Sign Up!
Finance Office	Rob Vaughan	Steve Gross	Linda Wright	Rob Vaughan	Mark Seiler
Late Greeters	Hayden Family	Ask Vicke Marshall about helping!	King Family	Arritt Family	DiLauro Family
Liturgists	Luci Wright	Sarah Stephens	tbd	Linda Wright	Monty Sanders
Nursery	LaDonna Foley, Kathy Arritt	Michelle and Will Adkins, McGimsey family	Whitney & Landon Smith, Cathy Bryan, Bonnie Clark, Kelly Silva	Ronnie St. Clair, Matt & Michelle Horne, Kiera Realmuto	The Hayden Family, Sidney & Brian Handy
Nursery Ushers	You?	Michelle Adkins	Daphne Huffman	Bonnie Dickerson	Vicke Marshall
Technology Team  ◆ Soundboard  ◆ Pro-Presenter  ◆ Video Cameras	Andy Thornton Frank Walkiewicz Charlie Hubbard	tbd	tbd	tbd	tbd
Transportation	tbd	Carl Cress	Carl Cress	Carl Cress	Carl Cress
Ushers	Tommy Whitaker John Richardson Jeanne Whitaker Jay Inge Shelby Dickerson	Andy Thornton Dennie Denison Sherrie Denison Freeman Nester Doug Moore Susan Witt	John Shockley Roland Lazenby Karen Lazenby Steven Smith Greg Barrette  1 Substitute Needed - See Vicke Marshall to sign up!	Keith Foley Steve Gross Jason Murray Lindsay Murray Vicke Marshall LaDonna Foley	Rick Bowyer Rob Vaughan John Pero Teresa Bowyer Steve Wright  1 Substitute Needed - See Vicke Marshall to sign up!



## Praying and Talking to God

Each Monday night at 7:00pm in the Church Parlor, Intercessory Prayer is held to pray for our church, our community, and our world; for healing and for those who grieve; for special needs and for our church outreach. There are several members of the Prayer Ministry Team that faithfully meet each Monday evening to offer prayers of intercession. Prayers are also prayed one by one for each church family member by name. These specific prayers are prayed for each person to personally experience spiritual renewal and a renewal of faith. Please come and join in this meaningful time together. We can assure you that you will be blessed by the experience.

# Community Meal January 25 6:30 PM 1706 Grandin Rd., Roanoke, VA 24015 www.rcumc.org All are welcome.

#### Beginner's Yoga

All are welcome to attend the Beginner's Yoga Class on Tuesday evenings at 5:45 in the Fellowship Hall. Extra yoga mats and props are available. Advanced notice of attendance is not necessary.

The rate is \$10.00 per class or a class card may be purchased for a discounted rate of \$36.00 for four classes (to be used within

two months).



#### Gift certificates are available.

For more information, call Rebecca Talbot, Certified Integral Yoga Instructor, (540) 342-0545 or join the Facebook Group, Roanoke Hatha Yoga.

### We Collect Used Stamps and Box Tops for Education!



Please continue bringing your used stamps to church. Trim stamps 1/4 inch around the edge.

You can place them in the basket in the

gathering area or give to Becky Gee.

The proceeds are used to help fund UMCOR.

Please put them in the basket on the lower shelves in the gathering area.



#### United Methodist Women

#### **RCUMC Circles**

#### Sunday Evening Fellowship helped

host the annual UMW Christmas Tea in our Fellowship Hall on Sunday December 4. Robin Haldiman, the Executive Director of CHIP, spoke about the work of her non-profit in helping eligible Roanoke area families have access to quality health care for their young children.

On Thursday, December 8, our group hosted the December Birthday celebration at the Hermitage. Debra LeBrun rang a beautiful selection of seasonal carols.

We had a very successful pecan sale and look forward to determining the missions that will be selected to receive a portion of our profits.

Our next meeting will be Sunday, January 15, 2017, at 6 PM at Lisa Pence's home. Members are asked to bring white elephant items from their homes which will be donated to a local non-profit store. Please bring an appetizer to this fellowship gathering.

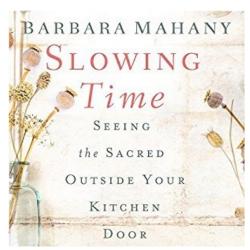
Any woman is welcome to join us! Contact Janice Phillips at 725-1358.

#### **Frances Allen Circle**

The Frances Allen Circle will meet Tues. Jan. 3 at 10:30am at the church. Program will be on New Beginnings: A Community of Women Empowered For Economic Justice from the UMW program book. If you read the book "Behind the Kitchen Door" you'll have a head start on the program. All women are invited to join us for fellowship, prayer, study, and refreshments.

We delivered 65 stamped Christmas Cards to the Chaplain's office for the Roanoke City Jail. Thanks to all from the church who donated cards. For more information or questions contact a member or Bonnie Dickerson 774-1870(h) 309-0141c or s3b4dkrsn@verizon.net.

All women are welcome to join us at any of our meetings and enjoy the fellowship, faith, and love in action of United Methodist Women.



#### **Reading Program**

We all long for a less hectic life and Barbara Mahany helps to foster that reality in her book Slowing Time: Seeing the Sacred Outside Your Kitchen Door. She goes through the seasons of the year and points out how to be still and make room for God in the midst of modern life. She sees the sacred in ordinary times. Relax and enjoy a special book from our church library located on the UMW shelf.



United Methodist Women Calendar

**February 2, 2017 - United Methodist Day** at General Assembly in
Richmond.

February 11, 2017 at 10:00 AM District UMW Leadership Training at Green Memorial UMC, Roanoke. Specialized UMW leader training will be provided.

Weekly Prayer Focus	The Lord's Day	Monday
Praise the Lord Jesus today for giving all of us hope in His undying love all year long.	1 Happy New Year! Genesis 1-3 9:40 AM Sunday School 11:00 AM Worship	2 Genesis 4-7  Pick up some "Soup for Seniors" to bring Sunday!
Pray that all of our youth, college age young people, and working young adults will continue to seek God and feel His love every day.	8 Genesis 25-26 8:45 AM Breakfast! 9:00 AM Coffee Fellowship 9:40 AM Sunday School 11:00 AM Worship 12:00 Noon Next Gen Meeting 12:15 PM BELLievers 12:15 PM Young Adult & College Party 4:30 PM Caring & Coloring	9 Genesis 27-29  9:30 AM Staff Meeting 6:30 PM Praise Band 7:00 PM Intercessory Prayer Group 7:00 PM Boy Scouts
Pray that God will guide you to help those in need; the hungry, the homeless, the grieving, the sick, and those who do not personally know Jesus.	15 Genesis 43-45  8:30 AM First Light Worship 9:40 AM Sunday School 11:00 AM Worship 12:15PM BELLievers 4:30 PM Caring & Coloring 6:00 PM SEF at Pence Home	Columns Deadline 10:00 AM Youth Mission Monday 9:30 AM Staff Meeting 6:30 PM Praise Band 7:00 PM Intercessory Prayer Group 7:00 PM Boy Scouts
Begin each day with a thankful heart, praising God for all of His many blessings.	9:00 AM Coffee Fellowship 9:40 AM Sunday School ** Make plans to enter "Soup-Off" on Sunday, Feb 5!** 11:00 AM Worship 12:00 Noon Mandatory Training for all children and youth volunteers 12:15PM BELLievers 1:30 PM Youth Praise Band 4:30 PM Caring and Coloring	9:30 AM Staff Meeting 6:30 PM Praise Band 7:00 PM Intercessory Prayer Group 7:00 PM Boy Scouts
Pray that each of our church members will experience spiritual renewal and a renewal of faith as they worship the Lord Jesus.	29 Exodus 33-35 9:00 AM Coffee Fellowship 9:40 AM Sunday School ** Make plans to enter "Soup-Off" on Sunday, Feb 5!** 11:00 AM Worship 12:15PM BELLievers 1:30 PM Youth Praise Band 4:30 PM Caring & Coloring 5:30 PM Know Your Neighbors	30 Exodus 36-38  9:30 AM Staff Meeting 7:00 PM Intercessory Prayer Group 7:00 PM Boy Scouts

Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM Men's Bible Study Breakfast at Oak Grove Famous Anthony's 10:30 AM Frances Allen Circle 5:45 PM Yoga Class 8:00 PM Narcotics Anonymous	4 Genesis 12-15 7:00 AM Downtown Breakfast at Scrambled	<b>5</b> Genesis 16-18	6 Genesis 19-21 8:00 PM Narcotics Anonymous	<b>7</b> Genesis 22-24
7:00 AM Men's Bible Study Breakfast at Oak Grove Famous Anthony's 7:00 AM Youth Breakfast at Emily's 5:30 PM Executive Council 5:45 PM Yoga Class 8:00 PM Narcotics Anonymous	5:30 PM Mosaic 6:30 PM JuBELLation 6:30 PM Girl Scouts 6:30 PM Boy Scouts 7:30 PM Chancel Choir	12 Genesis 35-37 10:00 AM Prayer Shawl	13 Genesis 38-40 8:00 PM Narcotics Anonymous	<b>14</b> Genesis 41-42
17 Genesis 48-50  7:00 AM Men's Bible Study Breakfast at Oak Grove Famous Anthony's 7:00 AM Youth Breakfast at Emily's 5:45 PM Yoga Class 8:00 PM Narcotics Anonymous	7:00 AM Downtown Breakfast at Scrambled 5:30 PM Mosaic 6:30 PM Boy Scouts 6:30 PM Girl Scouts 6:30 PM JuBELLation 7:30 PM Chancel Choir	19 Exodus 4-6 7:00 PM Mandatory Training for all children and youth volunteers	20 Exodus 7-9 8:00 PM Narcotics Anonymous	21 Exodus 10-12 Pick up some "Soup for Seniors" to bring Sunday!
24 Exodus 19-21  7:00 AM Men's Bible Study Breakfast at Oak Grove Famous Anthony's  7:00 AM Youth Breakfast at Emily's  5:45 PM Yoga Class  8:00 PM Narcotics Anonymous	25 Exodus 22-24  7:00 AM Downtown Breakfast at Scrambled 6:30 PM Boy Scouts 6:30 PM Girl Scouts 6:30 PM Open Table 6:30 PM JuBELLation 7:30 PM Chancel Choir	26 Exodus 25-27 10:00 AM Prayer Shawl	27 Exodus 28-29 5:30 PM Winter VBS 8:00 PM Narcotics Anonymous	28 Exodus 30-32 9:30 AM Winter VBS
<b>31</b> Exodus 39-40	Let's take the Bishop's challenge to read the Bible in one year! Follow along on this calendar!			

7:00 AM Men's Bible Study Breakfast at Oak Grove Famous Anthony's

7:00 AM Youth Breakfast at Emily's

5:45 PM Yoga Class

8:00 PM Narcotics Anonymous

Follow along on this calendar!



These commandments that I give you today are to be on your hearts. Impress them on your children.

Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

Tie them as symbols on your hands and bind them on your foreheads.

Write them on the doorframes of your houses and on your gates. — Deuteronomy 6:6-9



## Winter Vacation Bible School

Friday, January 27 5:30-8:00 pm
Saturday, January 28 9:30 - 1:00
3 years old - 5th Grade
Dinner and Lunch provided

Join us for stories, crafts, experiments, music, and fun as we explore the FRUITS of the SPIRIT! Free for everyone! Speak to Emily Nester to volunteer for this event.

Youth Events			
Tuesday, January 10 7:00 am	Breakfast Bible Study at Emily's House		
Monday, January 16 10:00 am	Mission Monday. We'll work on a mission project and have lunch together.		
Tuesday, January 17 7:00 am	Breakfast Bible Study at Emily's House		
Tuesday, January 24 7:00 am	Breakfast Bible Study at Emily's House		
Friday-Saturday, January 27-28	Winter VBS—Sign up to be a helper!		
Tuesday, January 31 7:00 am	Breakfast Bible Study at Emily's House		
LOOKING AHEAD February 10-12	Roanoke District Youth Wesley Retreat in Blacksburg		



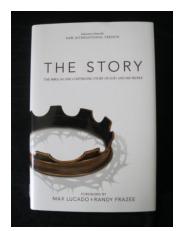
#### **Next Generation Committee Meeting**

Sunday, January 8 after worship (lunch provided)



Weekly Wednesdays at 5:30 PM
Dinner served at 6:30 PM
Adults, Youth & Children all
have groups or activities!

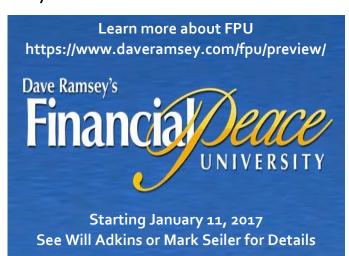
Watch the Weekly Good News and bulletins for additional NEW Mosaic offerings. Join The Story! Enroll in Financial Peace!



#### The Story continues!

You may join this study in progress. We are learning about the Bible in a new way! We meet in the library.

See John Shockley for details.



#### **Soup for Seniors**

As you plan ahead for the new year, please plan to support the Soup for Seniors project. This program helps the Local Office on Aging as it strives to keep low- income senior adults in their homes and out of

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nursing centers by providing them food. Most who receive the soup, crackers, and other food items from this project also receive Meals-On-Wheels through the LOA. Without this help, some must choose between buying their medications and buying food.

Unfortunately, due to federal budget cuts, LOA has had to cut back on its service to these individuals and has a growing waiting list.

Please consider donating soup, tuna, crackers, and canned fruit. We, at RCUMC, will collect these food items in the Gathering Area bins for the month of January.

#### Save the Date!

We'll celebrate the end of the Soup for Seniors canned soup and crackers drive with a "Souper" lunch after the 11 am service or

"Souper" lunch after the 11 am service on Sunday, February 5th.

Form your championship team and field your best recipe, and let's have a "soup-off!" The "fans" will vote on the winner.

**Who:** Any team - families, Sunday School groups, youth, choir sections, people born in June or last names that start with "P" - form your team and cook a pot.



What: Crockpot of your team's favorite soup or chili Where: Fellowship Hall When: February 5th, after the 11 am service.

More details to follow or contact Judy Dickerson for more information.

#### Executive Council News Corner

Our church family continues to do wonderful work at RCUMC and abroad! Here are a few highlights.

The following update is as of Oct 20, 2016.

#### **Congregational Care Committee:**

- Leading congregational prayer during 11am Worship Service.
- Weekly Intercessory Prayer every Monday night.
- Visitation team has made 16 visits.
- Telephone Team has made 25 calls.
- Card Ministry has mailed 12 cards.
- Delivered 2 "love baskets"
- In addition, approximately 75 persons were called and invited to come to church for Rally Day.

#### The Missions Committee: The committee reviewed recent past activities:

- Concert in the Heights
   Community church amphitheater on Sunday evening, September 11.
- Evangelism purchased a banner with our name and logo for the Patrick Henry High School stadium.
- Steve Gross reported that an Eagle Scout candidate will work on the bench out front near the bus stop
- Steve also encouraged everyone to participate in the Drumstick Dash. A running/walking small group has been established to "train" for the event.

#### Mission initiatives for Oct., Nov., Dec.

- CIA pack-a-snack program donations were collected in October and delivered on November 2 at the CIA meeting.
- Rescue Mission Recovery group was with us on Sunday, October 30. Becky Gee and helpers provided lunch. We have asked Steve to coordinate with her committee needs our help.

**Staff/Pastor Parish Relations Committee** (SPPRC) Finalized Personnel Policies & reviewed with Pastor Jun and staff. Over the next few months S/PPRC will be evaluating its own work for the past year.

#### **Family Ministry:**

- Family events have included a football tailgate (which was rained out and moved to the church) and a pumpkin patch outing.
- Children's activities included Bricks for Kids on Rally Day.
- Youth have begun a weekly breakfast Bible study, and participated in multiple mission opportunities.
- Emily attended a Family Ministry Conference In Nashville.



#### The Next Generation Committee

Sunday School: Because of the exorbitant cost of curriculum materials, we have a small committee that is writing our Sunday School curriculum for the next year. Not only is it free, but it will be more tailored to suit our Sunday School classes will work on our Christmas mission project, which will be to make a small Christmas item to hand out to residents when we carol.

#### **Small Groups Committee**

- Adult coloring group started with about 12 participants.
- Walking group begun weekend of Oct 7-8.
- Mosaic attracting approx. 25-30 adults plus children, including some new participants not in another group.
- Small group neighborhood dinners being considered.
- High five to Terri Urquhart for efforts in creating new ideas and initiatives!!

#### The Trustees

The Trustees continue to perform many maintenance projects on a regular basis.

Update: Sanctuary flooring has been replaced with LVT and new carpeting. There were problems with removing the old adhesive after the old carpet and pad were taken up; several pieces of the plywood had to be fastened down; there was also a problem with a few of the pews and the front rails that had to be fixed when the floor was replaced.

#### The Prayer Shawl

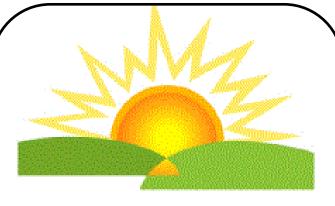
**Knitting** group will meet

Thursday, JANUARY 12th and 26th at 10 am at the church.
All women are welcome to join us as we knit and crochet.

Don't know how to knit? We can teach you.

For more information or questions, please contact Carolyn Cotton at 772-4825 or email her at cbcotton@cox.net.





First Light

Did you know that we have a casual worship service? It is called First Light and we meet on the first and the third Sunday of every month at 8:30 am.

Hope you will join us Jan 15!



#### January 8

Meet Breakfast

Join us in the Fellowship Hall on the 2nd Sunday

of each month from 8:45 to 9:45 am for coffee and good eats! This month's breakfast is **January 8**. There will be sausage gravy, egg casseroles, ham biscuits, and muffins! Then on the other Sundays, we will have coffee and fellowship time at 9:00 am in the Fellowship Hall.

#### Children's Library

The children's library on the 3rd floor at the top of the steps offers a wide variety of titles organized by subject. Parents and children will find a large selection of Christmas books there in addition to other books about faith and life.



As the weather gets cooler, reading a book together can be a cozy activity! Be sure to look them over and check out any titles in the notebook on the adjacent table.

#### Mandatory Training for all Children's and Youth Volunteers

Thursday, Jan 19 at 7:00 pm OR Sunday, Jan 22 after worship

This training is required for all volunteers who work in any way with the children or youth in our church, including Vacation Bible School, nursery, teaching Sunday school, chaperoning trips, Sunday Children's Time, and special events. Our training reviews the church Safe Sanctuaries policies and other information that you will find helpful as you work with our children and youth. You MUST complete this training before volunteering again in any capacity. Please speak to Emily Nester if you have any questions. More training sessions will be offered in February and later in 2017.



1706 Grandin Rd. SW Roanoke, VA 24015 (540) 344-6011 rcumc@rcumc.org www.rcumc.org

#### ADDRESS SERVICE REQUESTED



We renew our vows to uphold Christ's holy church by our prayers, our presence, our gifts and our service.

	11/27	12/4	12/11	12/18
Worship	133	191	174	176
Sunday Groups	64	58	48	45
Wed. Groups	11/30 52	12/7 57	12/14 57	n/a
Giving	\$3,343	\$20,474	\$12,196	\$7,302

#### **January Birthdays**

1-1	Allison Sadler	1-15	Becky Gee
1-1	Rev. Roy Miller	1-16	Emily Shockley
1-1	Zach Bowyer	1-18	Braelyn Handy
1-1	Charlie Welfare	1-19	Louise Miller
1-1	Liz Dickenson	1-20	Lindsay Keller
1-5	Peter Jun	1-21	Georgia Seiler
1-6	Charlie Dickenson	1-21	Patsy Wingfield
1-6	Jim Lewis	1-23	Jesslyn Hayden
1-6	Lee Ann Siegmann	1-26	Kristen Budd
1-8	Josh Crawford	1-27	Frances Alexanderson
1-9	Addison Horne	1-27	Caroline McGimsey
1-9	Janet Tanner	1-27	Steve Sowder
1-9	Terri Urquhart	1-28	Mary Claire Suggs
1-11	Oakley King	1-28	Thomas Dickerson
1-11	Elijah Tackett	1-28	Elsie White
1-14	Chris Landon	1-31	Bryan Burks
1-14	Larry Pence	1-31	Cheryl Marks



