

A Publication of Raleigh Court United Methodist Church • Volume 4 • Number 2



Pastor Seungsoo Jun pastor@rcumc.org (540) 556-1188

Watch our services when you cannot attend! Go to www.rcumc and click "Watch Online."

Check out our Facebook page! (Sunday services are posted each week on our website.)

To receive the "Columns" by email or to sign up for our email newsletter "The Weekly Good News", just send a note to us at <u>rcumc@rcumc.orq</u>

The church office is open Mon - Fri 9am - 2pm.







Sunday, February 4 Needed: Soup for Seniors

SOUPER BOWL SUNDA

Please support the Soup for Seniors project. This program helps the Local Office on Aging as it strives to keep lowincome senior adults in their homes and out of nursing centers by providing them food. Please consider donating soup, crackers, tuna and canned fruit.



To celebrate, we will have our annual Souper Bowl competition on Sunday, February 4, after the 11 AM service. Individuals and groups may bring an entry of either soup or chili.

Opportunity to Serve

Are you interested in participating in hands-on mission? If so, February 5-9 2018, come to the Church of St. Peter and St. Paul to help with the Soup 4 Seniors drive. Both individuals and groups may volunteer. The church is located off Peter's Creek Rd. just inside the entrance to North Lakes. Please call **Aimee Lawson** at the Local Office on Aging (LOA) at 540-345-0451 or visit http//www.loaa.org/services/critical-assistance/soup-for-seniors/ for more information.

SHROVE TUESDAY

Pancake Supper

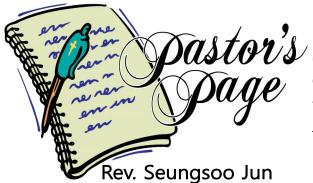
February 13 5:30-7:00 PM Hosted by our Youth to support their mission trip!



Ash Wednesday - Wednesday, February 14

"Ashes-To-Go" 11:30 AM-1:30 PM Heights Community Church Courtyard

Traditional Service 7:00 PM



Lent Is Approaching

"Lent is a season of forty days, not counting Sundays, which begins on Ash Wednesday and ends on Holy Saturday. Lent comes from the Anglo Saxon word lencten, which means "spring." The forty days represents the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry.

Lent is a time of repentance, fasting, and preparation for the coming of Easter. It is a time of self-examination and reflection. In the early

church, Lent was a time to prepare new converts for baptism. Today, Christians focus on their relationship with God, often choosing to give up something or to volunteer and give of themselves for others." (What is Lent and why does it last for forty days - <u>umc.org</u>)

Lent is a great time to focus on our relationship with God, as we prepare our hearts for Easter. Every year, I use Lent to calibrate my relationship with God. So I ask, 'God, what discipline would you like me to improve during this season?' and God gives me a unique journey for my heart every year.

This year, I am led to start a new endeavor that will motivate me, and hopefully others, to devote time to pray more in the morning. I want to start an early morning prayer meeting via Facebook live and other platforms that allow me to broadcast. I will present a 10-15 minute devotion, live every morning at 6 am, which will be recorded and archived (meaning that you wouldn't have to log on at 6 am). We will go through the devotion according to our Lenten sermon series: 24 Hours That Changed The World. More information will be shared as we approach Lent.

It is going to be a challenge, but I know that it will help me grow and help us to seek God's will during this season. So my question is... 'Are you ready?'

Mr. Johnson

Mary

Marcia Larson

Susie McMann

Jamie Parsons

Janice Longorth

Pray With Us

 $\mathcal{R}J$



Join us each Monday at 7PM in the parlor as we gather together specifically to pray. All are welcome each week. For Healing: Helen Alba Betty Ann Jeff Gogel Sallie Hall Pat Horne Ray Hornig

And Also For:

Church visitors and newcomers Our new members—Jan 21, 2018 Greg Perdue Charlotte Reynolds Jim Reynolds Georgia Seiler Keith Skyle Mary Claire Suggs Bradley Tingler Eloise Twist Elsie White Donna Williams Betty Wolfe Margaret A. Young

Suzanne Meredith—Healing, Strength

District Leadership Training

Save the date for **"LEADING ON THE EDGE"** -- New Way of Doing an Old Thing. Focusing on today's issues, we will have guest speakers in the areas of: Poverty and Homelessness; Mental Health; Religion & Race; and LGBTQ. \$10.00 cost with lunch provided 9 am - 3 pm Fieldstone UMC 3385 North Franklin St., Christiansburg, VA 24073. Sponsored by the Roanoke District Common Table. CEU approval is pending.

It's Never Too Late To Start!

Let's take the Bishop's challenge to read the Bible in one year!

Use the bookmarks provided in the bulletin on the first Sunday each month to read the Bible in chronological order in 2018!

As you read through the Bible this year, you may come to some passages that are difficult to comprehend even with the footnotes in your translation. There are numerous resources in our church library such as commentaries for individual books, the Interpreter's Bible and overall resources for approaching scripture with the historical-critical method of interpretation. Any of these titles can be checked out by noting your name and the book title in the notebook on the desk.



When asked to do this article, I wasn't sure I could, but decided I would give it a try. There have been times when I thought about reading the Bible all the way through. In 2016, I did read the New Testament. Last year, I decided to take the Bishop's challenge. After deciding to do this, I felt that I couldn't give up and I'm glad I didn't.

While reading the Old Testament, I remembered a lot of the stories from when I was growing up. However, I didn't remember the passages that dealt with the brutality that I read about. I couldn't understand how the kind and loving God, who I was taught about growing up, could allow this. The more I read, I came to realize that He had a plan for all these events.

By the time I came to the New Testament, I felt better about what I was reading. I came to realize that God is the kind, loving, and forgiving God I was taught about. I recalled many of the passages I learned growing up and learned many more.

I'm very glad that I completed the entire Bible. I now realize that all we need to do is to listen and believe.

Becky Gee



Beginner's Yoga

All are welcome to attend the Beginner's Yoga Class on Tuesday evenings at 5:45 in the Fellowship Hall. Extra yoga mats and props are available. Advanced notice of attendance is not necessary.

The rate is \$10.00 per class or a class card may be purchased for a discounted rate of \$36.00 for four classes (to be used within two months).

Gift certificates are available.

For more information, call Rebecca Talbot, Certified Integral Yoga Instructor, <u>(540) 342-</u> 0545 or join the Facebook Group, Roanoke Hatha Yoga.





Volunteers for February

Do you want to volunteer for something but aren't sure how? Just ask Terri (terriu@rcumc.org) and she will connect you with the right people to show you the ropes!

	February 4	February 11	February 18	February 25
Acolytes	Evan Gross Luke Barrette	Meredith McGimsey Allie Coleman	George Dickenson Jeremy Smith	Katherine Vaughan Julia Vaughan
Altar Flowers	spot available	Janice Phillips	Angela Vaughan	spot available
Children's Time	(Children's Service)	Stephanie Dickenson	Matt Horne	Martha Nicholas
Facility Security	Doug Moore	Greg Huffman	Ken Arritt	Tim McConchie
Fellowship Time	Girl Scouts	Daphne Huffman	Jeanne Counihan	Cindy Hayth
Finance Office	Carla Taylor	Rob Vaughan	Mark Seiler	Julie Wheeler
Liturgists	Tim McConchie	Louise Miller	Judy Dickerson	Rich McGimsey
Nursery	Julie Barrette Jenny Summerson Whitney Miller Peighton Miller	Kathy Arritt Ronnie St .Clair Beth Watts Katie Coleman	Blake Bongrazio Darlene Bongrazio Brittney Roberts Emma Silva	Julie Realmuto Charlotte Shockley John Shockley Keira Realmuto
Healthcare Worship	Cindy Hayth Bryce Tackett	Allison Sadler	Rachel Downing Dalia Downing Clara Downing	Allison Coleman Susan Loveman
Transportation	Carl Cress	Carl Cress	Carl Cress	Carl Cress
Ushers	Rick Bowyer Carl Cress John Richardson Whitney Smith Jeanne Whitaker Tommy Whitaker	Stew Hubbell Daphne Huffman Greg Huffman Shannon Miller Stephen Smith David Tanner	Kathy Arritt Ken Arritt Dennie Denison Sherrie Denison Bonnie Dickerson Shelby Dickerson	Vivianne Harris Tim McConchie Jim Nicholas Debbie Reid Robert Reid David Tanner

Library Corner

What Do You Believe?

Whether you grew up in the United Methodist Church or some other denomination, Emerson Colaw's book **Beliefs of a United Methodist Christian** can be informative on a variety of theological issues. There are chapters on the trinity, sacraments, prayer, the Wesleyan approach, etc. This book is located in the church library on the United Methodist Beliefs & History shelf. Do you have young children asking difficult questions? The book **Before They Ask: Talking About Sex from a Christian Perspective** can be very helpful for parents dealing with children age 12 and younger. It is located in the church library on the Family shelf.

United Methodist Women

The Sunday Evening Fellowship

Sunday Evening Fellowship met for an evening of fellowship at Jersey Lily's Restaurant Sunday night, January 21. Spring plans were discussed: watching the movie "Henrietta Lacks" based on the book which was on the UMW Reading List; serving dinner in March for the COP program; District Retreat Spiritual Life at Crocket Springs

UMC and Alta Mons on April 14; the Conference Spiritual Life Retreat at Eagle Eyrie (Lynchburg, VA), April 20-22, 2018. Our fellowship wished a fond farewell to our beloved member, Sandi Addison, as she returns to her native South Carolina. Our next meeting will be Sunday, February 11, at 6 PM in the church library. All women are welcome! Please contact Janice Phillips(725-1358) for information.



UMW

Círcles

UMW Reading Program

The title Good Health, Good Life by Joyce Meyer is in the Roanoke Valley Library system, but not in our church library. However, it is still a wonderful book to read in the Nurturing for Community area. Joyce shares insights on how to have a healthier lifestyle in the midst of our frantic pace. It's worth checking out!

United

Methodist

Men

Frances Allen Circle

The Frances Allen Circle will meet Tuesday, February 6 at the church 10:30 AM. Program will be "The Sacred Space of Call." We will explore God's call during biblical times and in our lives and to understand how United Methodist deaconesses and home missioners are responding to God's call today. All women are welcome to join us for refreshments and fellowship, study and prayer. For more information, call or email Bonnie Dickerson 540-774-1870 or s3b4dkrsn@verizon.net.



Feb 8 UMW Day at General Assembly, Richmond

Feb 24 District UMW Leadership Training at Cave Spring UMC. Specialized UMW leadership training will be provided.

April 14 UMW Spiritual Life Retreat Crockett Springs UMC and Alta Mons

> April 20-22 **District Spiritual Life Retreat** Eagle Eyrie



Fellowship dinner featuring the Walking Man

Tuesday, February 20 6:00 PM Fellowship Hall

YOU'RE INVITED TO JOIN

riday Friends Friday, February 9 11:30 AM at RCUMO

11:30 AM at RCUMC

Event: Hymn Sing and Luncheon led by Charlie Dale Learn about and sing some powerful hymns! \$8 donation for lunch suggested

RSVP to Steve Jamison 989-3502 or 330-0651

Weekly Prayer Focus	The Lord's Day	Monday
	Febru	uary
Pray that God will give comfort and strength to anyone who is suffering with illness, grief, loneli- ness, hunger, or finan- cial challenges.	 4 Exodus 16-18 8:30 AM First Light Worship 8:30 AM Connection Corner Coffee Fellowship 9:40 AM Explore Class 9:40 AM Sunday School 11:00 AM Traditional Worship 12:15 PM SouperBowl Luncheon 12:30 PM BELLievers 4:30 PM Caring & Coloring 	5 Exodus 19-21 6:30 PM Boy Scouts 7:00 PM Prayer Ministry
Pray for strength and protection of all of our military who serve our nation throughout the world.	 11 Exodus 36-38 8:30 AM First Light Worship 8:30 AM Connection Corner Coffee Fellowship 9:40 AM Sunday School 9:40 AM Explore Class 11:00 AM Traditional Worship 4:30 PM Caring and Coloring 6:30 PM Sunday Evening Fellowship 	12 Exodus 39-40 2:00 PM Staff Meeting 6:30 PM Boy Scouts 7:00 PM Prayer Ministry
Pray that our local, state, and national govern- ment leaders will seek to have a personal rela- tionship with Jesus Christ.	 18 Leviticus 16-18 8:30 AM First Light Worship 8:30 AM Connection Corner Coffee Fellowship 9:40 AM Sunday School 11:00 AM Traditional Worship 4:30 PM Caring and Coloring 5:30 BELLievers 6:30 PM Youth Fellowship 	19 <i>Leviticus 19-21</i> 6:30 PM Boy Scouts 7:00 PM Prayer Ministry
Pray that as you spend time talking to God, you will learn to love Him more and follow Him more earnestly.	 25 Numbers 5-6 8:30 AM First Light Worship 8:30 AM Connection Corner Coffee Fellowship 9:40 AM Sunday School 11:00 AM Traditional Worship 4:30 PM Caring and Coloring 5:30 BELLievers 6:30 PM Youth Fellowship 	26 <i>Numbers 7</i> 2:00 PM Staff Meeting 6:30 PM Boy Scouts 7:00 PM Prayer Ministry

Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Exodus 7-9 7:00 AM Downtown Breakfast Bible Study 6:00 PM SPRC Meeting 6:30 PM 1st Light Worship Team	2 Exodus 10-12 5:30 PM Brass Rehearsal 8:00 PM NA Meeting	3 Exodus 13-15
6 Exodus 22-24 7:00 AM Men's Breakfast Bible Study 10:30 AM Frances Allen Circle 5:45 PM Yoga Class 8:00 PM NA Meeting	7 Exodus 25-27 3:30 PM Zumbini 5:30 PM Mosaic 6:45 PM JuBELLation 7:45 PM Chancel Choir	8 Exodus 28-29 10:00 AM Prayer Shawl 6:30 PM 1st Light Worship Team	9 Exodus 30-32 5:45 PM Parent's Night Out 8:00 PM NA Meeting Youth District Re- treat	10 Exodus 33-35 Youth District Re- treat
13 Leviticus 1-4 7:00 AM Men's Breakfast Bible Study 5:30 PM Shrove Tuesday Pancake Dinner 5:45 PM Yoga Class 8:00 PM NA Meeting	14 Leviticus 5-7 11:30 AM Ashes To Go 3:30 PM Zumbini 7:00 PM Ash Wednes- day Service 8:00 PM Chancel Choir	 15 Leviticus 8-10 7:00 AM Downtown Breakfast Bible Study 6:30 PM 1st Light Worship Team 	16 Leviticus 11-13 8:00 PM NA Meeting	17 <i>Leviticus 14-15</i> 5:45 PM 20s, 30s, 40s Progressive Dinner
20 Leviticus 22-23 7:00 AM Men's Breakfast Bible Study 5:45 PM Yoga Class 6:00 PM UMM Fellowship Time 8:00 PM NA Meeting	21 Leviticus 24-25 3:30 PM Zumbini 5:30 PM Mosaic 6:45 PM JuBELLation 7:45 PM Chancel Choir	22 Leviticus 26-27 10:00 AM Prayer Shawl 6:30 PM 1st Light Worship Team	23 Numbers 1-2 8:00 PM NA Meeting	24 Numbers 3-4
27 Numbers 8-10 7:00 AM Men's Breakfast Bible Study 5:45 PM Yoga Class 8:00 PM NA Meeting	28 Numbers 11-23 3:30 PM Zumbini 5:30 PM Mosaic 6:30 PM Open Table 6:45 PM JuBELLation 7:45 PM Chancel Choir			



Debra LeBrun, Director of Music Ministries

debra@rcumc.org

MUSIC IN WORSHIP FOR FEBRUARY

February 411:00 AM - Chancel Choir & JuBELLationFebruary 1811:00 AM - Chancel ChoirFebruary 1111:00 AM - Chancel Choir, Children's Choir,February 2511:00 AM - Chancel Choir & BELLieversand Ringers for the Lord

As we gear up for many special events this Spring, now is a great time to join a musical group! Here is what is happening in our Music Ministry.

Chancel Choir – In addition to singing regularly on Sunday mornings at our 11:00 service the Chancel Choir will be preparing a cantata for Good Friday, March 30th. The cantata will be accompanied by orchestra. If you can't commit to the choir on a weekly basis, but would like to sing for the Good Friday cantata please let Debra know so she can tell you which rehearsals to attend. We practice on Wednesdays at 7:30 – 9:00 and the group is open to adults and teens.

Children's Choir and Cherub Choir - The children will be singing in church periodically throughout the Spring with the big highlights being our Easter service and our children's musical that will be presented on May 13th during the 11:00 service. The musical this year is "Oh, Jonah!" Not only do the children have fun preparing the musical and learning to sing and act, but they also learn valuable biblical lessons! The Children's Choir (for children in K-5th grade) rehearses on Wednesdays at 5:30 - 6:30 and the Cherub Choir (for preschoolers) rehearses during Sunday School on Sunday mornings.

JUBELLation – Our adult handbell choir will play in church many times this spring. Rehearsals are on Wednesdays, 6:45 – 7:45.

Ringers For The Lord – This handbell choir is for children in 2nd through 5th grade. We play in church once a month finishing with Easter. They are learning how to ring and read music. Rehearsals are on Wednesdays, 5:30-6:00.

BELLievers – This handbell choir is for youth in grades 6 through 12. We will play in church about once a month finishing with Youth Sunday on May 6th. We meet on Sundays at 5:30-6:30.

First Light Worship Team - Now that we have a weekly contemporary worship service we need more people to participate in our First Light Worship Team. Mark Moyer leads this group. People in the Worship Team do not have to participate every week, but they are welcome to do so. Mark puts together a team of singers and band members each week and they rehearse on Thursdays at 6:30, although occasionally rehearsal is scheduled on another evening to accommodate individual members' schedules. If you are interested in joining the Worship Team please contact Mark at markm@rcumc.org or talk to him on a Sunday morning.

We will also have opportunities for instrumentalists to share their gifts with our church this spring through our orchestra for the Good Friday musical and our Brass Group on Easter. Please let Debra know if you play an instrument and would like to participate.



NEXT GENERATION AT RCUMC

You are invited! To Our First Children's Worship Service

Feb. 4th K-Sth graders Come join us in the Children's Chapel, located next to the nursery at 11:00! We can't wait to see you!

Parent's Night But

FRIDAY, FEB. 9 5:45 - 8:30 PM

Leave your children with us and enjoy a night out for Valentine's Day! DINNER, GAMES, CRAFTS, MOVIES AND MORE!



Children in grades K-S will continue to gather on the first Sunday of every month during the 11:00 worship service!.



Adopt a Foot

We are \$6,000 away from beginning construction! How can you help?

Adopt a foot! For \$10, you can sponsor one square foot of the playground. Please be sure to mark your donation with "Playground Square Foot."



Sunday Night Fellowship

6:30-7:30 PM 6th-12th Grade Fellowship Hall

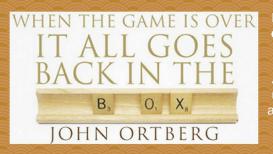
This time is used to fellowship and come together as a team to accomplish goals. A meal is provided the 1st Sunday of every month.

Wesley Retreat at Virginia Tech

Friday, February 9 - Sunday, February 11 \$10 per person See Tim Seigh for more information!

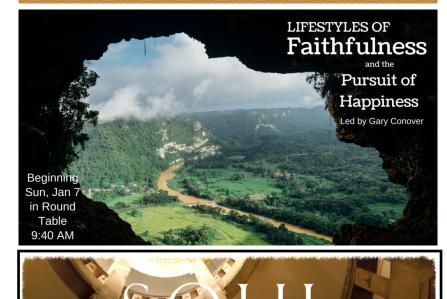
Sundays!

LEARN WITH US AT 9:40 AM WEEKLY



In the game of life even the brightest prizes are temporary. John Ortberg helps us focus our hearts and lives on trophies that are truly worth winning because they last forever.

Beginning Sunday, January 14 at 9:40 AM in the Chrysalis Class. John Shockley leads this series. 6 sessions



CARING for THE MOST IMPORTANT

PART of YOU

Join the Women's Class in the church library for this John Ortberg

series. John says "The soul is the coolest, eeriest, most mysterious,

evocative, crucial, sacred, eternal, life-directing, fragile, indestructible, controversial, expensive di316 THE NUMBERS OF HOPE

ThreeSixteen.net

If 9/11 invokes feelings of terror, then 3:16 are the numbers of hope! Best-selling author Lucado leads you through a wordby-word study of John 3:16: "For God so loved the world, that he gave his only son...." It's the passage that he calls the "Hope diamond" of Scripture. Join the Grace Class in the parlor each Sunday for this exciting, hope-filled series!



A Living Faith in God -The four lessons in this unit explore faith in action from the Book of Daniel. These lessons provide models for ways to actively engage in behaviors that demonstrate sincerity, obedience, boldness, and strength of faith. Join the Saville-Friendship Class during January.

Adult Bible Studies



Mosaic is for everyone! Wednesdays at 5:30 PM. Dinner follows.

OF GOD AND HIS PEOPLE

For Adults:

Wednesdays are wonderful at RCUMC!

New Classes beginning Wednesday, January 10, 2018

-Financial Peace -If You Want to Walk on Water... -Grief Share and -The Story continues



For Youth:

Ages: 6th-12th Grade Lesson: Means of Grace Meetings are held in the Jr. High Sunday school class room, 3rd floor





For Children:

Kindergarten - 5th Grade Choir and instrumental rehearsals in the 2nd Floor Music Wing. Childcare is available for all other children in

the 2nd floor Nursery Area.



(540) 344-6011 rcumc@rcumc.org www.rcumc.org

ADDRESS SERVICE REQUESTED

Columns

We renew our vows to uphold Christ's holy church by our prayers, our presence, our gifts, our service and our witness.

	Jan 7	Jan14	Jan 21	Jan 28
8:30 AM Worship	34	28	41	32
11:00 AM Worship	138	123	158	163
TOTAL	172	151	199	195
Giving	\$6,717	\$8,385	\$4,967	\$6,430

February Birthdays

2/3	Mia Harig	2/18	Titus Counihan
	Susan Loveman		Kate Harrell
	Suzanne Meredith		Jacquie King
2/5	Cathy Bryan		Katherine Vaughan
	Jim Burnett	2/23	Rich Bongrazio
	Diana Smith		Shannon Miller
2/8	Zac Hayden		Cameron Snyder
	Rob Urquhart		Mat Talbot
2/10	Greg Huffman	2/25	Cat Conover
2/11	Woori Kwon		
2/14	Judith Bair		
	Benny Harris		
	Eric Olsen-Gordon		
2/16	Betty Carolyn Via		

Birthday